

Pos	No.	Time	Forename	Surname	Club	Male	Female	Vets
1	515	34.19	Daniel	Woodgate	Luton A C	M		
2	514	35.09	Andy	Magnall	Shaftesbury Barnet Harriers	M		V 40
3	524	35.18	Craig	Halsey	Boxfit Tri	M		
4	103	35.54	Stephen	Earley	Bedford County	M		V 40
5	138	36.32	Paul	Tew	Unattached	M		V 40
6	179	37.51	Martin	Davern	Unattached	M		V 40
7	168	37.59	Tim	Davies	Unattached	M		
8	121	38.04	David	Finch	Unattached	M		
9	519	38.12	John	Murphy	Dunstable Road Runners	M		V 40
10	516	38.41	Mark	Sains	Stopsley Striders	M		
11	522	39.34	Christopher	Green	Stopsley Striders	M		
12	541	39.45	Tim	Mauchline	Unattached	M		
13	172	40.28	Simon	Leonard	Fairlands Valley Spartans	M		
14	521	40.32	John	Chapman	Stopsley Striders	M		V 50
15	178	40.36	Paul	Kelley	North Herts Road Runners	M		V 50
16	132	40.38	Bill	Barrett	Stopsley Striders	M		V 50
17	133	40.40	Duncan	Park	Dunstable Road Runners	M		V 40
18	542	40.40	Mark	Speed	Unattached	M		V 40
19	513	40.49	Daniel	Sumner	Unattached	M		
20	113	40.51	John	Franklin	North Herts Road Runners	M		V 40
21	529	40.59	Peter	Fitzpatrick	Herts Phoenix A.C	M		V 50
22	160	41.18	Adrian	Moore	Stopsley Striders	M		V 50
23	135	41.21	Alan	Webb	Midland Masters A.C.	M		V 50
24	134	41.53	Ashley	Allen	Unattached	M		
25	543	43.04	Mark	Barden	Unattached	M		V 40
26	170	43.41	Gordon	Matthewson	Collingwood A.C.	M		V 50
27	532	43.47	Steven	Snaith	Unattached	M		
28	523	43.56	Graham	Foulkes	Bearbrook Joggers	M		V 50
29	144	44.00	Jeremy	Bell	Amphill & Flitwick Flyers	M		V 40
30	539	44.01	Gerry	Doherty	Unattached	M		
31	535	44.14	Liam	O'Conner	Dunstable Road Runners	M		V 40
32	126	44.20	Clive	Prior	Bedford Harriers	M		V 40
33	124	44.41	Mark	Billington	Bedford Harriers	M		V 40
34	120	44.41	Jose	Vitorino	Unattached	M		V 50
35	163	45.02	Pat	Higgins	St. Albans Striders	M		V 45
36	158	45.05	Alan	Weir	Unattached	M		V 60
37	145	45.11	Tim	Naughton	Unattached	M		V 40
38	540	44.15	David	Shepherd	Unattached	M		
39	161	45.22	Gary	Fowler	Stopsley Striders	M		V 40
40	175	45.23	John	Winter	Unattached	M		V 40
41	530	45.23	Tim	O'Leary	Unattached	M		V 60
42	156	45.33	Lee	O'Leary	Unattached	M		
43	152	45.42	Alison	Sugars	Stopsley Striders		F	V 35
44	106	45.48	John	Brennan	Stopsley Striders	M		V 40
45	518	45.54	David	Heal	Garden City Runners	M		V 40
46	114	45.57	John	Mulcahy	Unattached	M		V 40
47	123	46.17	Suzy	Trott	North Herts Road Runners		F	
48	185	46.45	Custon	Magaya	Unattached	M		
49	527	46.48	Graham	Thomas	Unattached	M		V 40
50	119	47.01	Andy	Nathan	Unattached	M		
51	538	47.02	Tracy	Schofield	Dunstable Road Runners		F	
52	533	47.14	Dean	Fennessey	Unattached	M		V 40
53	155	47.16	Mark	Pedder	Dunstable Road Runners	M		
54	111	47.19	Christina	Whitworth	Unattached		F	V 45
55	162	47.22	Lance	Richardson	Stopsley Striders	M		V 50
56	146	48.00	Stephen	Keepence	Unattached	M		V 40
57	139	48.12	Steve	Adams	Dunstable Road Runners	M		V 40
58	148	48.17	Denise	Dillon	Amphill & Flitwick Flyers		F	V 45
59	112	48.37	Alan	Taylor	Stopsley Striders	M		V 60
60	180	49.11	Mark	Blundell	Unattached	M		V 40
61	151	49.38	Judy	Pomphrey	St. Albans Striders		F	V 55
62	517	50.03	Stuart	Read	Stopsley Striders	M		

63	169	50.06	Paul	Brooke	Collingwood A.C.	M		V	60
64	183	50.09	Lorna	Pettifer	Pitsea Running Club		F	V	35
65	142	50.17	Derek	Burchnall	Unattached	M		V	40
66	544	50.18	Russell	Neagus	Unattached	M		V	40
67	184	50.44	John	Pettifer	Pitsea Running Club	M		V	60
68	528	51.05	Margaret	DeWinter	Dunstable Road Runners		F	V	55
69	177	51.15	David	Grainger	Unattached	M			
70	131	51.22	Brenda	Howe	Unattached		F	V	55
71	548	51.31	Paul	Gallagher	Unattached	M		V	40
72	157	51.41	Malc	Cary	Unattached	M		V	40
73	167	51.58	Matthew	Crossland	Stopsley Striders	M			
74	525	52.27	Emma	Maggott	Boxfit		F		
75	537	52.56	Samantha	Linney	Bedford Harriers		F	V	35
76	136	52.58	William	Billington	Bedford Harriers	M		V	70
77	545	53.36	Anthony	Dempster	Unattached	M			
78	165	53.42	Debra	Johnson	Unattached		F	V	45
79	101	53.45	Chris	Randall	Unattached	M		V	40
80	104	54.11	Andrew	Cornelius	Unattached	M		V	50
81	129	54.53	Felicity	Bulmer	Unattached		F		
82	512	55.02	Diane	Sott	Unattached		F	V	45
83	102	55.17	Victoria	Willson	Purple Patch Runners		F	V	35
84	154	55.18	Charlotte	Temple	Dunstable Road Runners		F		
85	140	55.43	Emily	Alderton	Dunstable Road Runners		F		
86	127	56.32	Nick	Brown	Unattached	M			
87	176	56.57	Carol	Winter	Unattached		F	V	35
88	173	57.11	Andy	Kinney	Unattached	M		V	40
89	116	57.22	Rebecca	Brooks	Unattached		F		
90	137	57.32	James	Ward	Unattached	M		V	50
91	546	57.36	Cassandra	Macagregor	Unattached		F		
92	531	57.43	Paul	Stack	Unattached	M		V	40
93	115	58.04	Anne	Coleman	Dunstable Road Runners		F	V	45
94	128	58.12	Brian	Taber	Stopsley Striders	M		V	70
95	105	58.44	Lynn	Mclver	Unattached		F		
96	104	61.23	Andrew	Cornelius	Unattached	M		V	50
97	181	61.37	Joanne	Vaughan	Unattached		F		
98	122	61.38	Claire	Burrell	Unattached		F		
99	143	62.15	Helen	Veira	Stopsley Striders		F	V	35
100	109	62.31	Ollie	Reis	Unattached	M		V	40
101	110	62.32	Ivone	Joaquim	Bedford Harriers		F	V	35
102	166	62.53	Joan	Mollahan	Stopsley Striders		F	V	55
103	153	64.02	Tracy	Stiles	Fairlands Valley Spartans		F	V	35
104	159	65.40	Christine	Hunter	Stopsley Striders		F	V	45
105	125	66.25	Caroline	Taylor	Unattached		F	V	35
106	526	66.41	Robert	Cresswell	Stopsley Striders	M		V	40
107	164	66.59	Paulene	Plater	Stopsley Striders		F	V	55
108	536	67.36	Darrin	Percy	Unattached	M		V	40
109	547	68.28	Jyoti	Achal	Unattached		F		
110	186	70.55	Helena	West	Dunstable Road Runners		F	V	35
111	174	71.53	Amanda	Rankin	Stopsley Striders		F	V	35
112	147	82.02	Margaret	Clark	SCVAC		F	V	55