



# Dunstable Road Runners

Official Use

## Dunstable Downs 20 Mile, Half Marathon and Marathon Challenge

### Entry Form

12<sup>th</sup> September 2010 10:00 a.m.

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Gender M / F

Date of Birth \_\_\_ / \_\_\_ / \_\_\_

Phone Number \_\_\_\_\_ (in case we need to contact you)

Email \_\_\_\_\_

Club \_\_\_\_\_

Event entered: 20 Mile  Half Marathon  Marathon  (please select)

**Cut off time for all events 6 hours, Sorry this event is not open to walkers**

Please return this form and entry fee of £9.00 attached, £11.00 unattached (£15.00/£15.00 on day) to:

Bill Crane, 58 Canesworde Road, Dunstable, Beds, LU6 3JL, by 4th September 2010

Cheques payable to Dunstable Road Runners.

(Please enclose a stamped self addressed A5 envelope for pre-information.)

Course route is contained within the following maps: (OS Explorer 182 & 193 & OS Landranger 166)

Event location :- Dunstable Town Football Club, Brewers Hill Road, Dunstable, LU6 1BB.

Please note there is a 15 minute walk to the start line at Tring Road. Finish is at the Football Club.

Changing, showers, free post challenge refreshments, baggage storage & parking available.

**Held under England: Athletics Rules**

Disclaimer

I understand that the above event is predominantly off-road and that underfoot conditions may well be difficult. I am aware that there is only minimal first aid cover. By signing below I declare that I am an amateur and neither I nor my next of kin will hold Dunstable Road Runners, their helpers and associates in any way responsible for any illness, accident, injury or loss incurred by me and/or my supporters as a result of my participation in this event. (Distances are approximated)

Signed \_\_\_\_\_ Date \_\_\_\_\_



Trail Running Association Permit Number TRA/

**Dunstable Road Runners, Dunstable, Bedfordshire**

