

The ZSL Whipsnade Zoo 10k

2010 Provisional Results

Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
1	900	30:05	Darren	Deed	Bedford & County AC	M			
2	842	34:27	Darren	McNeely	Serpentine	M			
3	888	35:31	Craig	Palmer	Dunstable Road Runners	M			
4	473	35:36	Simon	Spiers	Harpenden Aro Runners	M			V 40
5	717	35:59	Paul	Tew		M			V 45
6	440	36:50	Dave	Randall	Cheltenham & County Ha	M			V 45
7	793	37:24	Paul	Allen	Tring RC	M			V 45
8	470	37:31	Mark	Deacon	Leighton Fun Runners	M			
9	378	37:46	Mark	Sains	Stopsley Striders	M			
10	346	37:48	Daren	McGrath	Harpenden Aro Runners	M			V 40
11	413	37:50	James	Smith	Gade Valley Harriers	M			
12	297	37:56	Lee	Scott	Harpenden Aro Runners	M			V 40
13	752	38:19	Lee	Murphy	Dunstable Road Runners	M			
14	386	38:39	Adrian	Lysak	Herts Pol	M			
15	583	38:39	Danny	Hukin	Fairland Valley Spartans	M			
16	779	38:49	Craig	Brown	Biggleswade AC	M			
17	832	39:10	John	Lawler	Dunstable Road Runners	M			
18	561	39:12	Vince	Ellerby	Gade Valley Harriers	M			V 45
19	847	39:13	Rob	Palmer	Bearbrook Joggers	M			
20	307	39:18	John	Yarnell	Bearbrook Joggers	M			
21	904	39:25	Ciaran	McKeown		M			V 40
22	909	39:30	Daniel	Bianichi	Dunstable Road Runners	M		J	
23	572	39:49	Kevin	Murphy		M			V 40
24	385	39:51	John	Morton	Chiltern Harriers	M			V 40
25	673	39:54	Howard	Dugdale		M			
26	687	39:59	Paul	Page	Bushfield Joggers	M			
27	889	40:02	Neil	Tomlinson	Finsbury Park Flyers	M			
28	350	40:05	Ciaran	Goswell	Dunstable Road Runners	M			
29	588	40:07	Jim	Buttleman	Leighton Fun Runners	M			V 45
30	504	40:15	Stewart	Ellis	Braintree RC	M			
31	529	40:17	Paul	Carter	Fairland Valley Spartans	M			
32	439	40:19	Hannah	Turner	Harpenden Aro Runners		F		
33	773	40:28	Marcus	Edwards	Watford Joggers	M			V 50
34	746	40:33	Michael	Hand	Dunstable Road Runners	M			V 45
35	317	40:38	Arnab	Banerjee	CLC Striders	M			
36	911	40:42	Adrian	Donnelly	Fairland Valley Spartans	M			
37	318	40:44	Liza	Barry	CLC Striders		F		
38	821	40:50	Paul	Savage		M			V 40
39	913	40:55	Liam	O'connor	Dunstable Road Runners	M			
40	220	40:56	William	Guy	Garden City Runners	M			
41	429	40:59	David	Monger		M			V 40
42	786	41:24	Rob	Connors	Dunstable Road Runners	M			
43	563	41:27	Andrew	Phillips		M			
44	562	41:30	Vincent	Phillips		M			
45	714	41:35	Leighton	Ballett		M			V 45
46	602	41:38	Richard	Pillinger	Amphill & Flitwick Flyers	M			
47	384	41:43	Leigh	pilgrim	Amphill & Flitwick Flyers	M			
48	441	41:49	Crispin	Henley		M			
49	357	41:53	Graham	Blackburn	Fairland Valley Spartans	M			V 45
50	886	41:56	Adam	Tomlinson	Finsbury Park Flyers	M			

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
51	736	41:57	Michael	Williams		M			
52	258	42:01	Richard	Solomons	Highgate Harriers	M			V 55
53	879	42:03	James	Naughton		M			
54	894	42:06	Janmes	Farmbrough		M			V 45
55	302	42:07	Paul	Ahshley		M			
56	823	42:10	Adam	Herron		M			
57	860	42:14	David	Roberts	Bedford Harriers	M			V 40
58	590	42:27	Gary	Ellingham	Dunstable Road Runners	M			
59	778	42:35	Simon	Maine		M			
60	408	42:45	David	Morgan	Dunstable Road Runners	M			V 40
61	577	42:49	Jeremy	Read	Ultramarathon RC	M			
62	296	42:52	Graham	Harper	Harpenden Aro Runners	M			V 50
63	613	42:53	Paolo	Basso	Bedford Harriers	M			
64	827	43:01	Steve	Worrell		M			
65	213	43:10	Carla	Fisher	Bedford Harriers		F		V 35
66	628	43:32	John	Hopper		M			V 40
67	732	43:34	Paul	Newton		M			
68	222	43:38	Daniel	Holder	Dunstable Road Runners	M			
69	309	43:42	Martin	Earnshaw	Biggleswade AC	M			
70	399	43:49	Alex	Jefferson	St Albans Striders	M			
71	556	43:51	Samantha	Pretty	Fairland Valley Spartans		F		
72	465	43:57	david	Short		M			V 40
73	666	43:58	Ashley	Burton		M		J	
74	365	43:59	Robin	Osborn		M			
75	364	44:06	Jo	Warren	Bedford Harriers	M			V 40
76	289	44:10	Adam	Herring		M			V 40
77	829	44:13	Paul	Crane		M			
78	783	44:17	Robert	Gaddie	Watford Joggers	M			V 40
79	206	44:18	Andrew	Reeves	Onlney Runners	M			
80	623	44:21	Andy	Wilkins	Harpenden Aro Runners	M			
81	812	44:24	Danny	Byrne		M			
82	432	44:26	Chris	Hall		M			
83	662	44:29	Philip	Dawes		M			
84	507	44:32	Nigel	Sheppard		M			V 45
85	576	44:33	Helen	Cartlidge	St Albans Striders		F		
86	815	44:39	Jim	Dodds	Ampthill & Flitwick Flyers	M			V 45
87	288	44:39	Oliver	Thorne	Dunstable Road Runners	M		J	
88	337	44:42	John	Coyle	Harpenden Aro Runners	M			V 40
89	334	44:49	Linda	Rayner			F		V 45
90	842	44:54	Darren	McNeely	Serpentine	M			
91	825	44:58	Helen	smith			F		V 40
92	296	44:59	Graham	Harper	Harpenden Aro Runners	M			V 50
93	293	45:05	Michael	Hessey	Harpenden Aro Runners	M			V 40
94	828	45:05	Michael	Nutkins		M			
95	401	45:05	Simon	Myers	Chiltern Harriers	M			V 45
96	330	45:09	Julian	Ham		M			V 45
97	537	45:15	Andrew	Hull	Fairland Valley Spartans	M			V 40
98	784	45:17	David	Coker	Ampthill & Flitwick Flyers	M			V 45
99	503	45:22	Simon	Dean		M			V 45
100	887	45:26	Martin	Veryard		M			V 45

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
101	917	45:27	Nick	Slade	Watford Joggers	M			V 40
102	626	45:27	Stephen	Harris		M			
103	802	45:32	Katie	Hill			F		
104	820	45:32	Andrew	Moore		M			V 40
105	305	45:39	Steven	Mayfield	Fairland Valley Spartans	M			V 40
106	801	45:41	Kevin	Arturs		M			V 40
107	757	45:43	Andy	Atherton	Amphill & Flitwick Flyers	M			V 45
108	606	45:46	Henry	Coll		M			
109	620	45:46	Michael	Watt		M			
110	573	45:51	Martin	Davey	Amphill & Flitwick Flyers	M			V 50
111	898	45:53	Son	Osman		M			
112	246	45:57	Jake	Walsh		M		J	
113	769	45:59	Matthew	Nichols		M		J	
114	541	46:03	Paul	Reilly		M			V 40
115	837	46:04	Mikey	Stevens		M			V 40
116	790	46:05	Ian	Stanford		M			
117	422	46:06	Paul	Watts		M			
118	565	46:11	Dean	capon	Harpenden Aro Runners	M			V 40
119	745	46:17	Graham	Tee	Wootton Road Runners	M			V 45
120	598	46:21	James	Wren	Buckaroo Elite	M			
121	676	46:22	Laura	McLindon			F		
122	271	46:23	Clair	Black			F		V 35
123	686	46:26	Paul	Edwards		M			V 45
124	475	46:30	Katie	Hill			F		V 35
125	99	46:34	Ryan	Spencer		M			
126	903	46:46	Phillip	Williams	Dunstable Road Runners	M			
127	807	46:49	Jennifer	Cornish			F		
128	420	46:59	Francis	Liming			F		
129	718	47:06	Matt	Falkner		M			
130	803	47:09	Chris	Fowler		M			
131	634	47:10	Joe	Wyatt	Mont Blanc	M			V 40
132	782	47:11	Mark	Lymer		M			V 45
133	423	47:14	Alexis	Liming		M			
134	863	47:14	Steve	Cockrell	Nene Valley	M			
135	864	47:14	Sarah	Hern	Fenland		F		
136	680	47:15	Sarah	Brydon			F		
137	229	47:18	Stephen	Bowles		M			V 55
138	353	47:29	Martin	Storrie	Gade Valley Harriers	M			V 45
139	725	47:34	Mark	Pollock		M		J	
140	852	47:34	Ross	Meddle		M			
141	249	47:37	Naill	Walsh		M		J	
142	424	47:42	Richard	Emmett		M			V 40
143	892	47:44	Sarah	Chew	Swindon Harriers		F		
144	266	47:53	Waleed	Ghandi		M			
145	631	47:54	Peter	O'Grady		M			V 50
146	331	47:55	Deirdre	Heydecker	St Albans Striders		F		V 50
147	840	48:06	Garry	Brown		M			
148	611	48:06	Adrian	Lee		M			V 50
149	792	48:08	Barry	Braham		M			
150	479	48:10	Nicola	Lawrence			F		

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
151	702	48:14	Bevan	muston		M			
152	777	48:17	Neil	Robinson		M		V	40
153	360	48:20	Pete	Gough		M			
154	683	48:21	Richie	Watkins		M			
155	527	48:22	Kevin	Johnson		M			
156	270	48:23	Michael	Reibschaid	St Albans Striders	M			
157	905	48:24	Duncan	Holmes	Dunstable Road Runners	M			
158	674	48:24	Steven	Sheldon		M			
159	691	48:28	Richard	Fairlamb		M			
160	915	48:28	Neil	Parkins	Gade Valley Harriers	M			
161	306	48:32	Ulrika	Barclay	Bearbrook Joggers		F	V	45
162	501	48:33	Kevin	King	Watford Joggers	M		V	45
163	431	48:34	Scott	Colman		M			
164	652	48:35	J	Barnard		M		V	55
165	218	48:40	Trevor	Setterfield	Fairland Valley Spartans	M			
166	247	48:42	Danny	Walsh	Lincoln Wellington	M		V	50
167	646	48:53	Angela	Kerr	Leighton Fun Runners		F	V	50
168	667	48:56	Clare	Syers			F	V	35
169	826	48:57	Nicky	Claydon	Watford Joggers		F	V	35
170	223	49:01	Andrew	Williams		M			
171	843	49:04	Ben	Langdon		M		V	45
172	310	49:05	Sean	Thompson	Fairland Valley Spartans	M			
173	865	49:07	John	Coxage		M		V	45
174	231	49:13	Katy	Warren	Reading Joggers		F	V	35
175	242	49:16	Roger	Simmonds	Bearbrook Joggers	M		V	55
176	237	49:18	Marc	Desmeules		M			
177	224	49:19	Brian	Snowdon	Leighton Fun Runners	M		V	40
178	493	49:22	Cherry	Schomberg			F	V	50
179	285	49:23	Sarah	Dumbrill	Harpenden Aro Runners		F		
180	901	49:29	Stephanie	Cooper	Ampthill & Flitwick Flyers		F		
181	897	49:38	Richard	King		M		V	50
182	737	49:41	Melisa	Lee			F		
183	650	49:43	Tony	Abbott		M			
184	272	49:47	Richard	Griffiths		M		V	45
185	875	49:51	Jeff	Conibear		M		V	45
186	415	49:53	Jo	Aitkin			F		
187	311	49:53	Robert	Smalley		M		V	40
188	615	49:53	Micheal	Smith		M		V	40
189	540	49:53	Tony	Argyrou	Fairland Valley Spartans	M		V	40
190	494	50:00	Phil	Reilly		M		V	50
191	857	50:03	Steven	Jenkins		M			
192	663	50:08	Elaine	Dawes			F	V	45
193	314	50:09	Debra	Brent			F	V	45
194	390	50:15	Martin	Lawrence	Shenley Striders	M		V	50
195	433	50:16	Darren	Thompson		M			
196	578	50:19	Christine	Sharman	Fairland Valley Spartans		F	V	45
197	455	50:21	Jane	Fish			F	V	40
198	287	50:21	Al	Langan		M			
199	342	50:28	Paul	Holgate	Fairland Valley Spartans	M		V	50
200	731	50:30	Christopher	Billinghurst	Gade Valley Harriers	M			

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
201	472	50:32	Liam	Herbert	Fairland Valley Spartans	M			
202	550	50:35	Kevin	McDonald		M		V	40
203	771	50:39	Emily	Hooper	Harpenden Aro Runners		F		
204	498	50:42	Jo	Aatkar	Ampthill & Flitwick Flyers		F	V	40
205	409	50:51	Ian	Sanderson		M			
206	230	50:59	Neill	Warren		M			
207	795	50:59	Marcus	Gurd		M			
208	884	51:04	Richard	woodfield		M			
209	902	51:05	Amie	Williams	Dunstable Road Runners		F		
210	226	51:07	Colin	Little		M		V	45
211	522	51:08	Charles	Frost	Winkles RC	M		V	45
212	227	51:09	Monika	Chadwick	Bearbrook Joggers		F	V	40
213	102	51:15	Anthony	Bunker		M			
214	319	51:21	Andrew	Lewis		M			
215	521	51:30	Vicky	Brannan			F		
216	283	51:39	Santosh	Rudravajhala		M			
217	279	51:46	Kim	Little			F	V	45
218	868	51:55	Mike	Bell		M		V	40
219	867	51:55	Miriam	Drewett			F		
220	907	51:55	Ella	Braillard			F		
221	448	51:59	Tom	King		M		V	50
222	244	52:04	Debbie	Bridges			F	V	50
223	670	52:05	Nick	Crane	Stopsley Striders	M			
224	275	52:05	Catherine	Shields			F	V	35
225	629	52:09	Louisa	Hopper			F	V	35
226	690	52:21	Stuart	Sheath		M			
227	403	52:23	Adam	Panter		M			
228	383	52:25	Jackie	Cope	Metros		F	V	50
229	551	52:26	Roger	Bowles		M		V	55
230	918	52:30	David	Garwood	Dunstable Road Runners	M			
231	743	52:31	David	Halbert		M			
232	281	52:33	Stephanie	Parfitt			F		
233	580	52:33	Andrew	Trigwell		M			
234	549	52:34	Mark	Street		M			
235	747	52:41	Mark	Maynard		M		V	40
236	893	52:42	Margaret	Chew	Stopsley Striders		F	V	50
237	92	52:43	Scott	Dukes		M			
238	696	52:43	Katie	Gordon			F		
239	710	52:44	Manjo	Magudia		M		V	45
240	208	52:54	Charlotte	Spooner			F	V	35
241	209	52:54	Alistair	Spooner		M			
242	446	53:06	Howard	Knight	Road Runners Club	M		V	40
243	419	53:08	David	Liming		M		V	50
244	763	53:10	Clive	Borthwick	Harpenden Aro Runners	M		V	55
245	248	53:13	Heather	Gray	Lincoln Wellington		F	V	50
246	327	53:24	William	Harding	Hillingdon AC	M		V	55
247	389	53:25	Emma	Groome			F		
248	259	53:30	Linsey	Giles		M			
249	407	53:43	Michelle	Hume			F		
250	834	53:46	Jenny	Chewter	Highgate Harriers		F	V	35

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251	400	53:47	Annemarie	Mathias			F		V 45
252	715	53:48	Derek	Chandler	Santander	M			V 50
253	557	53:51	Peter	Welch		M			
254	759	53:52	David	Waites	St Albans Striders	M			V 55
255	768	53:53	Ian	Meakin	Harpenden Aro Runners	M			V 50
256	890	53:56	Alexis	Hall			F		
257	204	54:03	Lucy	Boothby	Riverside Runners		F		V 40
258	203	54:03	Simon	Boothby	Riverside Runners	M			V 45
259	822	54:03	Natasha	Andrews			F		V 35
260	761	54:05	Sheryl	Dew			F		V 35
261	762	54:06	Kelvin	Dew		M			V 40
262	728	54:08	Nicola	Cassidy			F		V 35
263	612	54:09	Andrew	Allen		M			
264	655	54:12	neil	Rowley		M			V 50
265	858	54:18	Nathan	Lloyd		M			
266	704	54:18	David	Joyner		M			
267	635	54:22	Selina	Jones	Bearbrook Joggers		F		
268	368	54:25	Ian	Boorman	Fairland Valley Spartans	M			
269	600	54:25	Peter	Gray		M			
270	414	54:28	Nicole	Callaghan	Springfield Striders		F		V 35
271	885	54:39	Kate	Tomlinson	Finsbury Park Flyers		F		
272	382	54:44	Nathan	Hamilton-Smith		M			
273	675	54:46	Mark	Bradley	Stopsley Striders	M			V 55
274	358	54:52	Glenn	Sweeney		M			V 55
275	636	54:52	Emma	Gould	Bearbrook Joggers		F		
276	685	54:52	Peter	Fairlamb		M		J	
277	605	54:52	Martin	Grey	Shaftesbury Barnt Harriers	M			V 55
278	594	54:52	Annette	Godfrey	Harpenden Aro Runners		F		V 45
279	512	54:53	Vicky	Field	Fairland Valley Spartans		F		
280	524	54:53	Jillian	Russell	Harpenden Aro Runners		F		V 45
281	366	54:53	Nathan	Hodges		M			
282	210	54:53	Jennifer	Finlay	Harpenden Aro Runners		F		V 40
283	668	54:53	Lucy	Syers			F		V 35
284	882	54:53	Andy	Kent		M			V 45
285	760	54:53	Jaqueline	Armstrong	Watford Joggers		F		V 45
286	591	54:53	Ann	Tryssoone	Fairland Valley Spartans		F		V 40
287	496	54:59	Paul	Yearley		M			V 50
288	861	55:02	Shaun	Ludford		M			V 40
289	301	55:03	Sharon	Weston	Bearbrook Joggers		F		V 40
290	217	55:04	Jenna	Forsyth			F	J	
291	709	55:09	Craig	woodfield	Boxfit TRI	M			
292	723	55:10	David	Holes		M			V 45
293	818	55:10	Emily	Alderton	Dunstable Road Runners		F		
294	839	55:14	Nick	Horrocks		M			
295	292	55:16	Graham	Jarvis		M			V 45
296	810	55:21	Mark	Norman		M			
297	596	55:23	David	Curtin		M			
298	595	55:23	Claire	Higgins			F		
299	316	55:28	Stephen	Reed		M			V 45
300	495	55:31	Malcolm	Elderfield		M			V 40

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301	514	55:32	Rob	Bugler		M			
302	427	55:32	Sheila	Driscoll			F		V 45
303	877	55:34	Steven	Creek	Mont Blanc	M			
304	749	55:36	Joanne	Lynam			F		V 35
305	569	55:44	Nichola	Hawes	Gade Valley Harriers		F		V 35
306	519	55:45	Kristina	Allison			F		
307	543	55:46	Karen	Liddle	Fairland Valley Spartans		F		V 50
308	228	55:49	Ruth	Bowles			F		V 50
309	756	55:50	Carole	Lambert			F		V 35
310	814	55:52	Rachael	Porter			F		
311	277	55:56	Jude	Toasland	Bedford Harriers		F		V 40
312	649	55:56	Stefan	Wilenczyc		M			V 50
313	428	55:56	Paul	Samways		M			
314	351	55:58	Wendy	Hudson	Gade Valley Harriers		F		V 40
315	848	55:59	James	Bailey		M			
316	387	56:03	Emma	Breen			F		
317	721	56:03	Sara	Thompson			F		V 35
318	800	56:05	Paul	Rushmer		M			V 45
319	372	56:07	Gary	Wilson		M			
320	874	56:11	Vicky	Conibear			F		V 45
321	869	56:11	Richard	Heseltine		M			
322	799	56:14	Clare	Tookey	Gade Valley Harriers		F		
323	639	56:14	Lawrence	Davies		M			V 50
324	458	56:22	Vanessa	Lee			F		
325	730	56:26	Lynne	Burton			F		V 35
326	608	56:28	Michael	Courbray		M			
327	531	56:29	Carl	Buckingham	Fandangos	M			V 40
328	630	56:29	Joanne	Carrington			F		V 35
329	713	56:29	Kelly	Ballett			F	J	
330	481	56:33	Robert	Smith		M			
331	453	56:37	Thomas B	Garvey		M			V 50
332	333	56:40	Ian	Thompson		M			
333	614	56:43	Arnold	Glickman	Purple Patch Runners	M			V 55
334	733	56:44	Murray	Pollock		M			V 50
335	694	56:47	Linda	McQuaid	Watford Joggers		F		V 50
336	831	56:49	Lawrence	Ross		M			V 40
337	716	56:51	Andrew	Turner		M			V 45
338	808	56:57	Teraneh	Gerami			F		V 50
339	758	56:58	Julia	Lines	Dunstable Road Runners		F		V 45
340	776	56:59	Kirsty	Holtom	Santander		F		
341	392	57:03	Karen	Lawrence	Shenley Striders		F		V 45
342	484	57:04	Anne	Williamson			F		V 45
343	294	57:10	Stuart	Fielder		M			V 45
344	234	57:18	Declan	Conaty		M			V 40
345	616	57:22	Sandee	Smith			F		V 45
346	236	57:30	Kevin	Lee		M			
347	755	57:40	Ralph	Armond		M			V 50
348	284	57:42	Tina	Searle	Gade Valley Harriers		F		V 50
349	238	57:47	Cherith	Pestana			F		
350	575	57:48	Karina	Ridgewell	Fairland Valley Spartans		F		V 45

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
351	511	57:49	Avril	Gowers			F		V 50
352	500	57:49	Cheryl	Ronaldson			F		V 40
353	698	57:51	Laura	Nathan	Harpenden Aro Runners		F		
354	699	57:51	Jamie	Nathan		M			
355	899	57:53	Abby	Pell			F		
356	816	57:54	Gill	Hobley			F		
357	817	57:55	Richard	Southan		M			
358	916	57:56							###
359	724	57:56	Rita	Olatunde	Milton Keynes AC		F		V 45
360	641	57:56	Paul	Dempsey		M			V 45
361	468	57:59	Sarah	Jewkes			F		
362	469	57:59	Matthew	Kirby		M			
363	701	57:59	Carolyn	Jones			F		V 45
364	260	58:02	Carolyn	Bennet			F		
365	523	58:06	Darren	Billinghurst		M			
366	552	58:07	Michelle	Long	Fairland Valley Spartans		F		
367	568	58:08	Alex	Whitt		M		J	
368	567	58:08	Richard	Cope		M		J	
369	587	58:11	Heather	Fordham			F		V 45
370	671	58:11	Helen	Fleming	Elmridge Road Runners		F		
371	770	58:13	Philip	Nichols		M			V 50
372	805	58:16	Ruth	Cornish			F		V 50
373	806	58:17	Alan	Cornish		M			V 55
374	265	58:18	Felicity	Anscome			F		
375	461	58:21	Steven	French		M			V 40
376	515	58:21	Nick	Maine		M			V 55
377	727	58:26	Pauline	Eastoe	Riverside Runners		F		V 50
378	268	58:27	Andy	James		M			V 45
379	497	58:39	John	West	MK Lakeside Runners	M			V 55
380	830	58:40	Sheilagh	Crane	Dunstable Road Runners		F		V 50
381	254	58:43	David	Thomas	Santander	M			V 45
382	273	58:45	Rod	Ferguson		M			V 55
383	912	58:51	Debbie	Fantini	Dunstable Road Runners		F		V 35
384	703	58:52	Maria	Hudson			F		V 35
385	610	58:54	Carole	Bartlett	Watford Running Sisters		F		V 50
386	712	58:56	Sarah	Coltman	Watford Joggers		F		V 35
387	339	58:57	Richard	Dempsey	Gade Valley Harriers	M			V 40
388	640	58:57	Rebecca	Jackson-Robbins			F		
389	895	58:58	Dora	Slater	Watford Running Sisters		F		V 45
390	883	58:58	Colin	Hunt		M			V 45
391	406	58:59	John	kilby		M			V 55
392	253	59:02	Theo	Staden	Santander	M			
393	576	59:02	Helen	Cartlidge	St Albans Striders		F		
394	304	59:03	Stephanie	Mayfield	Fairland Valley Spartans		F		V 35
395	340	59:07	Valerie	Green			F		V 35
396	841	59:08	Jeremy	Stone			F		
397	510	59:14	David	Cooper	MK Lakeside Runners	M			V 55
398	778	59:23	Simon	Maine		M			
399	502	59:31	Susan	King	Watford Joggers		F		V 40
400	380	59:32	Kathy	Scruton	Watford Running Sisters		F		V 50

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
401	438	59:32	James	Mooney		M			
402	437	59:32	Deborah	Field			F		
403	363	59:32	Tracy	Stiles	Fairland Valley Spartans		F		V 40
404	554	59:36	Sarah	Panter			F		V 35
405	609	59:40	Mandy	Lee	Watford Running Sisters		F		V 50
406	412	59:42	Pamela	Stanbroke			F		V 50
407	772	59:46	Les	Hathway		M			V 50
408	656	59:47	Frances	Chater	Watford Joggers		F		V 50
409	449	59:48	Eleanor	King			F		V 50
410	624	59:49	Dionne	Smedley	Leighton Fun Runners		F		
411	570	59:53	Kerry	Tiller	Leighton Fun Runners		F		V 40
412	574	60:01	Emma	Fairlamb			F		
413	622	60:05	Karen	Dews			F		V 40
414	251	60:07	Kerttu	Kulasepp	Santander	M			
415	530	60:08	Anne	Buckingham	Fandangos		F		V 35
416	532	60:08	Dennie	Cassidy	Fandangos		F		V 35
417	269	60:11	Omar	Salem		M			
418	315	60:15	Terri	Grassby	Stopsley Striders		F		
419	235	60:19	Louise	Lee			F		V 35
420	735	60:19	Olivia	Taylor			F	J	
421	256	60:19	Naqqash	Ahmed	Santander	M			
422	844	60:19	Charlotte	Newland			F		
423	845	60:19	Wayne	Newland		M			
424	370	60:26	Wendy	Knight			F		V 45
425	566	60:39	Ron	Cohen	Fairland Valley Spartans	M			V 55
426	548	60:46	Karen	King			F		V 50
427	809	60:48	Sam	Tidy		M			
428	393	60:49	Katherine	Hayes			F		V 45
429	891	60:51	Sally	Hall			F		V 50
430	811	61:12	Julie	Tebb	Bushfield Joggers		F		V 40
431	627	61:13	Jacqueline	Thorogood			F		
432	642	61:15	Yvonne	Dixey			F		V 45
433	870	61:21	John	Humphreys		M			V 45
434	526	61:25	Simon	Blake		M			
435	851	61:26	Natalie	Black	Gade Valley Harriers		F		
436	657	61:29	Nick	Witcome	Fairland Valley Spartans	M			V 40
437	633	61:33	Maggie	Little	Mont Blanc		F		V 45
438	349	61:34	Toby	Farrence		M			
439	665	61:34	Steve	Ashwell		M			
440	601	61:34	Katie	Daley			F		
441	659	62:01	Jaqui	Nicholl			F		V 45
442	417	62:02	Margrette	Brooks	Gade Valley Harriers		F		V 40
443	509	62:02	Nichola	Jones			F		
444	513	62:06	Jonpaul	Appleyard		M			
445	445	62:09	Clive	Estal		M			V 40
446	214	62:11	Lee	Whitcome	Leighton Buzzard AC	M			
447	553	62:11	Nichola	Hamilton			F		V 35
448	447	62:16	Karen	Garman			F		V 40
449	708	62:18	Richard	Jonas		M			
450	571	62:21	Maxine	Marshall			F		V 50

The ZSL Whipsnade Zoo 10k 2010 Provisional Results

Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
451	750	62:22	Agnese	Ottley			F		
452	849	62:23	Helen	Veira	Stopsley Striders		F		V 35
453	344	62:27	Carmel	Jarman			F		V 40
454	313	62:27	Anna	Turns			F		
455	312	62:27	Donna	McCheyne			F		V 35
456	322	62:27	Andrea	Hawkins	Fairland Valley Spartans		F		V 35
457	241	62:41	Stephen	Block		M			V 45
458	329	62:42	Kirsty	Reeman			F		
459	335	62:42	Karen	Palmer			F		V 35
460	582	62:42	Sarah	Hukin	Fairland Valley Spartans		F		
461	467	62:47	Helen	Short			F		V 35
462	775	62:49	Tom	Horne	Barnet & District	M			V 55
463	263	62:54	Vivienne	Levy			F		V 45
464	555	62:56	Kate	Hersey			F		
465	617	63:00	Karen	Skyme	Harpenden Aro Runners		F		V 35
466	326	63:00	Simon	Oakley		M			V 40
467	798	63:29	Bill	Morgan		M			V 50
468	290	63:33	Rebecca	Roberts			F		V 45
469	291	63:33	Stephen	Johnson		M			V 45
470	410	63:35	Suzzane	Dumbleton			F		V 35
471	742	63:49	Teresa	Whiffen			F		V 35
472	374	63:50	Clare	Young			F		
473	373	63:50	Stephen	Shave		M			
474	418	63:58	Jenny	Barnett	Gade Valley Harriers		F		V 50
475	654	63:59	Colette	Pidgeon	Harpenden Aro Runners		F		V 35
476	705	64:01	Jim	Johnston		M			V 45
477	813	64:02	Wendy	Purdy	Watford Running Sisters		F		V 50
478	706	64:07	Cassandra	Cann			F		
479	391	64:09	Leigh	Steere	Shenley Striders		F		V 40
480	908	64:18	Ali	Morris			F		V 40
481	711	64:18	sangita	Magudia			F		V 40
482	404	64:18	Paula	Tonkin			F		V 40
483	794	64:18	Della	Allen	Tring RC		F		V 45
484	791	64:18	Pamela	Gubanits			F		V 35
485	603	64:18	Lisa	Jerromm	Fairland Valley Spartans		F		V 40
486	766	64:20	Dee	Claassen			F		V 40
487	866	64:20	Laura	Jones			F		
488	648	64:20	Tina	Pidgeon	Harpenden Aro Runners		F		
489	720	64:26	Tracy	Howarth			F		
490	719	64:26	Hadrian	Howarth		M			
491	707	64:27	Joanna	Lee			F		V 35
492	252	64:36	Dominic	Nunn	Santander	M			
493	325	64:41	Libby	Oakley			F		V 40
494	644	64:44	Karen	Hart			F		V 45
495	632	64:44	Tony	Brawn		M			
496	744	64:47	Sue	Healy	MK Lakeside Runners		F		V 45
497	328	64:57	Anne-Marie	Scheepers	Mk Lakeside Runners		F		
498	366	64:59	Nathan	Hodges		M			
499	604	65:04	Tracey	Allen	Stopsley Striders		F		
500	660	65:08	Alyson	Coates			F		V 45

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Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
501	741	65:11	Katherine	Rayden			F		V 35
502	299	65:19	Mark	Cockerill	Santander	M			
503	740	65:20	Charlotte	Oakley			F	J	
504	789	65:20	Rob	Arbuckle		M			
505	278	65:29	Ben	Stewart		M			
506	100	65:37	Tania	Spencer			F		
507	233	65:39	Tracy	Murphy			F		V 35
508	394	65:41	Judith	Llott			F		V 45
509	211	65:51	Angus	Forsyth		M			V 40
510	416	65:52	Helen	Sales			F		V 35
511	645	65:59	Stephen	Armstrong		M			V 40
512	430	66:02	Amanda	Watts			F		V 35
513	377	66:02	Julie	Tovey	Bearbrook Joggers		F		V 50
514	482	66:03	Wade	Lang		M			
515	488	66:07	Rebeca	Sunderland			F		V 40
516	444	66:07	Angela	Smith			F		V 40
517	379	66:22	Joanna	Tindale			F		V 35
518	539	66:26	Pippa	Owens	Fairland Valley Spartans		F		V 35
519	466	66:28	Ella	Fields			F		
520	689	66:30	Rachel	Ball	Buckingham & Stowe RC		F		
521	796	66:50	Russell	Boots-Taylor		M			V 40
522	528	66:50	Jason	Scales	Fairland Valley Spartans	M			
523	343	66:59	Jackie	Riddell			F		V 40
524	202	67.04:04	Sally	Thallon			F		V 50
525	345	67.04:07	Lee	Jarman		M			V 40
526	739	67.04:18	Jane	Cook	Amphill & Flitwick Flyers		F		V 50
527	499	67.04:24	Karen	Reeves			F		V 40
528	245	67.04:24	Kay	Jancey			F		V 45
529	480	67.04:27	Jennifer	Smith			F		
530	797	68:04	Sheila	Morgan			F		V 50
531	545	68:08	Veronica	Rigby			F		V 40
532	489	68:10	Kate	Booth			F		V 50
533	205	67:10	Samantha	Heenan			F		V 35
534	486	67:10	Kerry	Webb			F		V 40
535	876	67:12	Libby	Cade			F		
536	282	67:12	Sue	Weir	Amphill & Flitwick Flyers		F		V 35
537	804	67:16	Rebecca	Cade			F		
538	910	67:16	Jennie	Cade			F		
539	546	68:18	Susan	Drinkwater			F		V 45
540	585	69:14	Dawn	Godliman			F		V 50
541	586	69:14	Terry	Godliman		M			V 45
542	647	69:23	Martin	Kerr	Leighton Fun Runners	M			V 55
543	726	69:24	Jenny	Griffiths	Stopsley Striders		F		V 50
544	599	69:26	Elizabeth	Gray			F		V 50
545	518	69:31	Barbara	Byrne	Watford Running Sisters		F		V 50
546	225	69:36	Fiona	Holder			F		V 35
547	405	69:36	Steven	Hume		M			
548	454	69:38	Elizabeth	Garvey			F	J	
549	697	69:55	Lynne	Deloubes	Bedford Harriers		F		V 40
550	700	69:55	Rachel	Beckett	Bedford Harriers		F		V 45

**The ZSL Whipsnade Zoo 10k
2010 Provisional Results**

Pos	No.	Time	Forename	Surname	Club	M	F	Jnrs	Vets
551	257	70:01	Ceris	Thomas	Santander		F		
552	375	70:14	Jane	Abbott			F		V 40
553	589	70:42	Tracey	gravestock	Leighton Fun Runners		F		V 40
554	212	70:48	Tia	Forsyth			F		
555	219	70:51	Kerry	Setterfield	Fairland Valley Spartans		F		V 35
556	621	70:57	Richard	Harris	Mont Blanc	M			
557	836	71:22	Clare	Harris			F		
558	835	71:22	David	Harrison		M			V 40
559	221	71:24	Emma	Welch	Fairland Valley Spartans		F		V 35
560	452	71:33	Julia	Bolton			F		V 50
561	592	71:46	Naomi	Parkins			F		
562	754	72:00	Jeff	Peters	Watford Joggers	M			V 40
563	753	72:00	Esin	Mustaffa			F		V 40
564	722	72:17	Jill	Wallis			F		V 40
565	207	72:17	Caroline	Constantine			F		V 40
566	320	73:21	Angela	Moore	Fairland Valley Spartans		F		
567	535	73:21	Lisa	Potter	Fairland Valley Spartans		F		V 35
568	323	73:21	Emily	Christensen			F		V 35
569	678	73:26	Steve	McNulty		M			V 55
570	232	73:36	Fiona	Duncan			F		V 35
571	881	73:48	Lee	Thomas		M			
572	880	73:48	Amy	Thomas			F		
573	367	74:06	Dawn	watson	Fairland Valley Spartans		F		
574	564	75:03	Jessica	Marchant			F	J	
575	558	75:06	Gemma	Marchant			F		
576	906	76:49	Alexandra	Killick			F		V 35
577	788	76:53	Katherine	little			F		V 45
578	435	77:07	Carol	Ford	Amphill & Flitwick Flyers		F		V 40
579	332	77:07	Cacey	Pode			F	J	
580	436	77:07	Gemma	Ford	Amphill & Flitwick Flyers		F	J	
581	395	77:16	Shelley	Williams			F		
582	338	77:58	Indira	Chima			F		V 40
583	286	78:03	Sara	Harding			F		
584	359	78:17	Fiona	Armour			F		V 45
585	533	78:40	Julie	Renshaw	Fairland Valley Spartans		F		V 40
586	672	82:54	Margaret	Mulvihill			F		
587	525	86:52	Lois	Matthews	Dunstable Road Runners		F		V 45
588	681	91:19	Elaine	McNulty			F		V 50
589	679	91:19	Claire	Harman			F		
590	767	91:25	Margaret	Clark	SCVAC		F		V 55