

# The ZSL Whipsnade Zoo 10k

## 2009 Results

7th June 2009

Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
1	568	35.06	Earley	Stephen	Bedford & County Ac	M			V 40
2	787	35.11	Palmer	Craig	Dunstable Road Runners	M			
3	85	35.32	Herring	Stephen	Marshall Milton Keynes	M			V 40
4	816	35.58	Long	Matthew	Bedford & County Ac	M			
5	275	36.01	Randall	David	Cheltenham And County Harriers	M			V 45
6	596	36.25	Speirs	Simon	Harpenden Aro Runners	M			V 40
7	819	36.41	Lewis	Kieron	Amphill And Flitwick Flyers	M			
8	821	36.45	Jones	Nick	Amphill And Flitwick Flyers	M			V 45
9	714	36.54	Richardson	Stephen	Unattached	M			
10	798	37.07	Tew	Paul	Unattached	M			V 45
11	741	37.09	Winder	Steve	Epsom And Ewell Harriers	M			
12	629	37.10	Mackenzie	Ross	Milton Keynes AC	M			
13	333	37.15	Murphy	John	Dunstable Road Runners	M			V 40
14	759	37.23	Hawes	Bill	Gade Valley Harriers	M			V 40
15	157	37.38	Copp	Adrian	Stopsley Striders	M			
16	237	37.42	Deacon	Mark	Unattached	M			
17	762	37.50	Ellerby	Vince	Gade Valley Harriers	M			V 40
18	820	37.54	Lamont	Chris	Stopsley Striders	M			V 55
19	786	37.59	Dellar	Peter	Dunstable Road Runners	M			V 55
20	641	38.06	Chatterton	Andy	Fvs Tri	M			V 45
21	444	38.12	Murphy	Lee	Dunstable Road Runners	M		J	
22	170	38.18	Sains	Mark	Stopsley Striders	M			
23	472	38.26	Boyce	Michael	Unattached	M			
24	191	38.43	Hadaway	Mark	Unattached	M			
25	651	38.52	Pritchard	Malcolm	Riverside Runners	M			
26	634	38.57	Harry	Richard	St Albans Striders	M			
27	800	39.01	Green	Christopher	Stopsley Striders	M			
28	277	39.08	Lysak	Adrian	Herts Police	M			
29	753	39.12	Blowes	Ben	Newmarket Joggers	M			
30	647	39.13	Pritchard	Keith	Riverside Runners	M			V 40
31	825	39.15	Wright	Andrew	Gade Valley Harriers	M			
32	790	39.19	Connors	Rob	Dunstable Road Runners	M			
33	360	39.25	Trigwell	Stuart	Unattached	M			
34	450	39.26	Wilson	Richard	Amphill And Flitwick Flyers	M			
35	823	39.28	Covington	Paul	Dunstable Road Runners	M			
36	522	39.35	Hoar	Richard	Boxfit Tri	M			V 55
37	412	39.47	Buttleman	Jim	Leighton Fun Runners	M			V 45
38	718	39.49	Lawler	John	Dunstable Road Runners	M			
39	645	39.50	Edwards	Marcus	Watford Joggers	M			V 45
40	207	39.51	Monger	David	Unattached	M			V 40
41	789	39.53	Hand	Michael	Dunstable Road Runners	M			V 45
42	784	39.54	Pilgrim	Leigh	Amphill And Flitwick Flyers	M			
43	241	40.02	Hammond	Keith	Vegetarian Cycling And Athletic C	M			V 45
44	697	40.06	Cooper	Jackie	Newbury Ac		F		V 40
45	291	40.18	White	John	Wootton Road Runners	M			
46	757	40.30	Jordan	Matt	Unattached	M			
47	323	40.38	Spendley	Matthew	Unattached	M			
48	681	40.50	Sabey	David	Amphill And Flitwick Flyers	M			V 40
49	699	40.54	Zubrik	Richard	Unattached	M			
50	200	40.58	Antcliffe	Emily	Defra		F		

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
51	555	41.05	Mcclean	Philip	Dunstable Road Runners	M			V 50
52	788	41.09	Bassill	Claire	Dunstable Road Runners		F		
53	817	41.21	Moore	Adrian	Stopsley Striders	M			V 55
54	562	41.26	Pratt	Joe	Unattached	M		J	
55	614	41.37	Allen	Richard	Fvs Tri	M			V 40
56	654	41.40	Clerkin	Steve	Unattached	M			
57	189	41.47	Cripps	Andrew	Unattached	M			
58	715	41.55	Mccann	Paul	Unattached	M			
59	248	42.09	Jones	Richard	Mornington Chasers	M			
60	748	42.11	Stryczek	John	Unattached	M			V 50
61	357	42.15	Watson	Libby	Royston Runners		F		
62	811	42.23	Mathewson	Gordon	Collingwood Ac	M			V 50
63	780	42.32	Turner	James	Unattached	M			
64	282	42.40	Goodwin	Alan	Fairlands Valley Spartans	M			V 55
65	773	42.42	Addrison	Martin	Leighton Fun Runners	M			V 50
66	545	42.44	Bell	Jeremy	Amphill and Flitwick Flyers	M			V 45
67	239	42.47	Hunter	Fiona	Biggleswade AC		F		V 35
68	338	42.52	Garrett	Andrew	Fairlands Valley Spartans	M			V 40
69	302	43.02	Turner	Hannah	Aro Sports		F		
70	794	43.06	Norton	Andrew	Gade Valley Harriers	M			
71	195	43.11	Davis	Dan	Unattached	M			
72	349	43.12	Marsh	Sally	Amphill And Flitwick Flyers		F		V 40
73	738	43.22	Hollis	David	Unattached	M			
74	827	43.25	Page	James	Unattached	M			
75	818	43.29	Lewis	Brendan	Unattached	M			
76	512	43.35	Foulkes	Graham	Bearbrook Joggers	M			V 50
77	815	43.37	Atherton	Andy	Amphill And Flitwick Flyers	M			V 45
78	763	43.37	Whitaker	Grant	Chiltern Harriers	M			V 45
79	149	43.38	Stowe	Ian	Unattached	M			V 50
80	771	43.39	Bradbury	David	Unattached	M			
81	799	43.40	Stanley	David	Amphill And Flitwick Flyers	M			V 55
82	672	43.41	Clark	Michael	Leighton Fun Runners	M			V 50
83	692	43.45	Russell	Geoff	Royston Runners	M			V 55
84	210	43.47	Jordan	Paul	Unattached	M			V 40
85	436	43.49	Bird	Peter	Amphill And Flitwick Flyers	M			V 50
86	310	43.52	Longden	Andy	Unattached	M			V 50
87	309	43.53	Longden	Katy	Unattached		F		
88	378	43.58	Stack	Peter	Dunstable Road Runners	M			V 45
89	418	44.01	Rayner	Linda	Unattached		F		V 45
90	735	44.05	Naughton	Tim	Unattached	M			V 45
91	162	44.09	Dean	Andrew	Watford Joggers	M			
92	419	44.25	Rayner	David	Unattached	M			
93	663	44.38	Walpole	Gary	Unattached	M			V 40
94	679	44.42	Read	Jeremy	Unattached	M			
95	120	44.44	Travers	Mark	Gade Valley Harriers	M			V 45
96	685	44.51	Newton	Martin	Unattached	M			
97	610	44.55	Pandit	David	Unattached	M			V 40
98	657	44.57	Hessey	Michael	Harpenden Aro Runners	M			V 40
99	421	44.59	Bratton	Tim	Unattached	M			
100	401	45.07	Ilaria	Dino	Realbuzzrunbritain.com Running C	M			

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
101	726	45.07	Veryard	Martin	Unattached	M			V 45
102	633	45.08	Bird	Mark	Gade Valley Harriers	M			
103	643	45.17	Lewis	Nick	Unattached	M			
104	709	45.17	Logan	Matt	Unattached	M			
105	270	45.17	Roger	Phil	Unattached	M			
106	569	45.19	Auger	Nathalie	Biggleswade Ac		F		V 40
107	430	45.23	Tee	Graham	Wootton Road Runners	M			V 45
108	356	45.23	Postance	Paul	Unattached	M			
109	769	45.26	Cottrell	Adrian	Unattached	M			V 45
110	211	45.28	Litchfield	Jenna	Stopsley Striders		F		
111	222	45.29	Green	Daniel	Unattached	M			
112	416	45.31	Shynn	Sarah	Dunstable Road Runners		F		V 35
113	627	45.31	Swain	Eric	Bedford Harriers	M			V 40
114	554	45.32	Edwards	Kirsty	Stopsley Striders		F	J	
115	287	45.32	Jones	Daniel	Unattached	M			
116	601	45.41	Rendell	Andrew	St Albans Striders	M			
117	655	45.43	Reilly	Paul	Unattached	M			V 40
118	538	45.50	Walster	Jeanette	Boxfit Tri		F		V 40
119	576	45.52	Killick	David	Unattached	M			
120	206	45.58	Jefferson	Alex	Unattached	M			
121	664	45.59	Harper	Graham	Harpenden Aro Runners	M			V 50
122	467	46.00	Manning	Robert	Leighton Fun Runners	M			
123	410	46.02	Price	Joseph	Unattached	M			
124	727	46.02	Hampstead	Rachel	Unattached		F		V 40
125	351	46.06	Murray	Alistair	Unattached	M			
126	684	46.10	Davey	Martin	Amphill and Flitwick Flyers	M			V 45
127	563	46.15	Wareham	Colin	Harpenden Aro Runners	M			V 40
128	464	46.16	Ham	Julian	Unattached	M			V 45
129	745	46.24	Grint	Ruth	Dunstable Road Runners		F		V 40
130	712	46.25	Deed	Sarah	Boxfit Tri		F		
131	570	46.36	Lyons	Charlotte	Unattached		F		
132	656	46.38	Holmes	Matt	Unattached	M			
133	728	46.40	Read	Jonathan	Unattached	M			
134	737	46.57	Thomasson	Linda	Stopsley Striders		F		V 45
135	713	46.57	Blackmore	Dianne	Stopsley Striders		F		V 45
136	102	46.58	Johnson	Simon	Unattached	M			V 40
137	695	46.59	Brydon	Sarah	Unattached		F		
138	642	47.06	Nathan	Clive	Unattached	M			
139	567	47.08	Law	Phil	Royston Runners	M			
140	677	47.17	Knott	Trevor	Unattached	M			V 40
141	729	47.19	Draper	David	Fitness First	M			V 50
142	263	47.21	Kippax	Nigel	Tring Running Club	M			V 50
143	661	47.23	Turner	Tony	Unattached	M			V 45
144	382	47.24	Brophy	John	Dunstable Road Runners	M			V 55
145	734	47.24	Hensman	Peter	Unattached	M			
146	498	47.35	Braham	Barry	Unattached	M			
147	267	47.43	Reynolds	Stuart	Hunts AC	M			
148	772	47.44	Johnstone	Richard	Unattached	M			
149	154	47.46	Davey	Nick	Unattached	M			V 45
150	710	47.49	Chitty	David	Unattached	M			V 40

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
151	208	47.50	Long	Ian	Unattached	M			
152	224	47.53	Smith	Liz	Unattached		F		V 35
153	265	47.54	David	Robinson	Unattached	M			
154	196	47.54	Ford	Susannah	Unattached		F		
155	673	47.54	Clements	Thomas	Unattached	M			V 50
156	294	47.58	Farrington	Stephen	Unattached	M			
157	392	48.07	Lee	Adrian	Unattached	M			V 50
158	754	48.08	Williams	Susan	David Lloyd Pacers		F		V 50
159	176	48.10	Peddar	Mark	Dunstable Road Runners	M			
160	432	48.21	Gazzani	Lena	Bearbrook Joggers		F		V 50
161	700	48.21	Tinsley	Grahame	Unattached	M			
162	550	48.25	Watson	Alan	Royston Runners	M			V 55
163	779	48.31	Hennessy	Tessa	Unattached		F		V 50
164	778	48.31	Bennett	Miles	Maidenhead A.c.	M			V 50
165	150	48.32	Sherriff	Nicholas	Unattached	M			
166	405	48.35	Stone	Mike	Unattached	M			
167	199	48.44	Langan	Al	Unattached	M			
168	646	48.44	Harris	Heather	David Lloyd Pacers		F		V 45
169	776	48.44	Read	Stewart	Stopsley Striders	M			
170	749	48.46	Salmons	Malcolm	Watford Joggers	M			V 50
171	486	48.48	Dixon	David	Unattached	M			
172	434	48.49	Earle	Lee	Unattached	M			
173	594	48.50	Aldous	Jerry	Unattached	M			V 45
174	481	48.59	Williams	Philip	Unattached	M			
175	459	49.00	Nichols	Matthew	Unattached	M		J	
176	313	49.01	Sharman	Micheal	Unattached	M			V 45
177	617	49.01	Milne	Jonathan	St Albans Striders	M			
178	782	49.03	Coyle	John	Harpenden Aro Runners	M			V 40
179	604	49.04	Wright	Dave	Unattached	M			V 40
180	648	49.07	Watts	Paul	Unattached	M			
181	810	49.08	Brooke	Paul	Collingwood Ac	M			V 55
182	369	49.10	King	Graham	Unattached	M			V 55
183	689	49.14	Bunker	Anthony	Unattached	M			
184	611	49.16	Pilat	Sue	Trail Runners Association		F		V 40
185	389	49.16	Russhard	Paul	Unattached	M			
186	388	49.18	Low	Gemma	Unattached		F		
187	242	49.24	Aatkar	Jo	Amphill And Flitwick Flyers		F		V 40
188	393	49.26	Snowdon	Brian	Leighton Fun Runners	M			V 40
189	253	49.30	Fairfield	Stephen	Unattached	M			
190	724	49.38	Kaye	Steve	Unattached	M			V 55
191	812	49.38	Rickard	Ian	Unattached	M			
192	675	49.38	Blackburn	David	Unattached	M			V 40
193	371	49.40	Jakins	Sian	Unattached		F		
194	368	49.40	Prejac	Emily	Unattached		F		
195	166	49.46	Jones	Dave	Tring Running Club	M			V 45
196	180	49.51	Church	Samantha	Unattached		F		
197	528	49.55	Warmington	Nicholas	Unattached	M			V 50
198	769	49.55	Cottrell	Adrian	Unattached	M			V 45
199	140	49.55	Williams	Maurice	Unattached	M			V 40
200	399	49.57	Dean	Simon	Unattached	M			V 45

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
201	379	49.57	Stack	Millie	Dunstable Road Runners		F	J	
202	775	49.57	Williams	Kate	Watford Joggers		F		
203	533	50.12	Harding	Neil	Unattached	M			
204	373	50.13	Howe	Stephen	Unattached	M			
205	374	50.15	Bacon	Craig	Unattached	M			
206	573	50.17	Marlow	Amanda	Kettering Town Harriers		F		V 40
207	402	50.23	Crowther	Nicholas	Unattached	M			
208	413	50.28	Kerr	Angela	Leighton Fun Runners		F		V 50
209	493	50.30	Biggerstaff	Scott	Unattached	M			V 40
210	631	50.30	Lancey	Simon	Unattached	M			
211	116	50.31	Pickard	Michael	Unattached	M			
212	698	50.35	Dumbrill	Sarah	Harpenden Aro Runners		F		
213	124	50.36	Ronaldson	Cheryl	Unattached		F		V 40
214	165	50.38	Henriques	Michael	Unattached	M			V 40
215	609	50.43	Griffey	Abi	Serpentine Running Club		F		
216	566	50.45	Holmes	Brendan	Unattached	M			
217	796	50.45	Cook	Robert	Amphill And Flitwick Flyers	M			V 50
218	575	50.46	Carpenter	Richard	Unattached	M			
219	513	50.46	Lydon	Carole	Amphill And Flitwick Flyers		F		V 50
220	678	50.54	Wood	Andrew	Unattached	M			
221	665	50.56	Whidburn	Amy	Harpenden Aro Runners		F		V 35
222	717	50.58	Baillie	Scott	Dunstable Road Runners	M			
223	578	50.59	Feenan	Stuart	Unattached	M			
224	797	51.01	Mayles	Shelley	Amphill And Flitwick Flyers		F		
225	147	51.07	Wilderspin	John	Unattached	M			V 50
226	322	51.13	Wilson	Mel	Dunstable Road Runners		F		
227	530	51.14	Mosby	Darren	Unattached	M			
228	564	51.19	Lawrence	Martin	Shenley Striders	M			V 50
229	209	51.20	Eaves	Phil	Unattached	M			V 55
230	669	51.21	Clare	Paul	Unattached	M			
231	619	51.24	Easby	Dawn	Fairlands Valley Spartans		F		
232	785	51.29	Magudia	Manoj	Unattached	M			V 45
233	183	51.30	Hook	Doug	Unattached	M			V 45
234	311	51.32	Wiles	Llewellyn	Unattached	M			
235	721	51.33	Helt	Mindi	Amphill And Flitwick Flyers		F		
236	722	51.33	Byrne	Hugh	Unattached	M			V 45
237	613	51.35	Allen	Lynn	Fvs Tri		F		V 40
238	751	51.38	Russell	Jillian	Unattached		F		V 40
239	770	51.38	Bailey	Chris	Unattached	M			
240	589	51.38	Eyre	Matt	Unattached	M			
241	358	51.41	Samways	Paul	Unattached	M			
242	649	51.48	Watford	Kika	Watford Joggers		F		V 40
243	259	52.03	Heavey	Jessica	Unattached		F		V 40
244	500	52.05	Tierney	Jill	Kettering Town Harriers		F		V 40
245	177	52.12	Cope	Wendy	Dunstable Road Runners		F		V 45
246	708	52.14	Vernon	Rick	Unattached	M			
247	329	52.18	Beard	Christopher	Unattached	M			
248	801	52.20	Parrett	Christina	Stopsley Striders		F		
249	218	52.22	King	Tom	Unattached	M			V 50
250	667	52.25	Hopper	Louisa	Unattached		F		V 35

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251	774	52.26	Gallacher	Paul	Unattached	M			
252	814	52.26	Sear	Mick	Gade Valley Harriers	M			
253	471	52.30	Howe	Brenda	Unattached		F		V 50
254	205	52.32	Durbin	Annemarie	Unattached		F		V 45
255	733	52.32	Cannon	Dennis	Fairlands Valley Spartans	M			V 55
256	439	52.35	Dytham	Lindsay	Rickmansworth Running Sisters		F		
257	377	52.35	Court	Cathy	Tring Running Club		F		V 40
258	469	52.37	Gwilliam	Victoria	Unattached		F		
259	288	52.39	Hodges	Nathan	Unattached	M			
260	521	52.40	Barnard	John	Unattached	M			V 55
261	652	52.47	Parkins	Neil	Gade Valley Harriers	M			
262	266	52.58	Chadwick	Monika	Bearbrook Joggers		F		V 40
263	426	52.58	Cope	Giles	Unattached	M			
264	495	53.02	Ranieri	Lenny	Unattached	M			V 40
265	747	53.08	Leonard	Graham	Unattached	M			
266	465	53.13	Billingham	Carole	Rickyrunningsisters		F		V 45
267	746	53.19	Pudney	Victoria	Unattached		F		
268	460	53.22	Nichols	Philip	Unattached	M			V 50
269	686	53.23	Bird	Andrew	Unattached	M			V 45
270	519	53.23	Parsons	Sue	Unattached		F		V 40
271	682	53.24	Novis	Lesley	Amphill And Flitwick Flyers		F		V 50
272	680	53.26	Speirs	Kate	Unattached		F		V 35
273	736	53.27	Davies	Rob	Unattached	M			
274	743	53.28	Cornell	Ollie	Dunstable Road Runners	M		J	
275	560	53.29	Biley	Mark	Unattached	M			
276	348	53.31	Parkinson	Henry	Unattached	M			V 40
277	744	53.37	Bunyan	James	Dunstable Road Runners	M			V 55
278	137	53.38	Elderfield	Malcolm	Unattached	M			V 40
279	822	53.38	Hardin	Bill	Unattached	M			V 55
280	236	53.44	Biddle	Steve	Unattached	M			V 50
281	344	53.48	Withers	Marian	Rickyrunningsisters		F		V 45
282	428	53.48	Daniel	Elizabeth	Tring Running Club		F		V 45
283	768	53.50	Carvin	Adam	Unattached	M			
284	515	53.50	Boothby	Lucy	Riverside Runners		F		V 40
285	516	53.50	Boothby	Simon	Riverside Runners	M			V 40
286	482	53.52	Phillips	Vanessa	Rickyrunningsisters		F		V 35
287	485	53.55	Heseltine	Richard	Unattached	M			
288	639	53.55	Chatterton	Anne	Unattached		F		V 40
289	158	53.58	Knight	Howard	Road Runners Club	M			
290	443	54.00	Driscoll	Martin	Unattached	M			
291	618	54.06	Lambert	Richard	Unattached	M			V 40
292	805	54.10	Potts	Kevin	Road Runners Club	M			V 45
293	315	54.20	Claassen	Dee	Unattached		F		V 40
294	579	54.21	Rowley	Richard	Unattached	M			V 45
295	172	54.21	Kenington	Richard	Tring Running Club	M			V 55
296	676	54.22	Blackburn	Pauline	Unattached		F		V 35
297	381	54.22	Darby	Erica	Dunstable Road Runners		F		V 45
298	707	54.23	Goldsmith	Neil	Unattached	M			
299	435	54.26	Earle	Paul	Unattached	M			
300	125	54.26	Blunt	Paul	Unattached	M			V 40

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301	755	54.26	Bobb	Karen-ann	Unattached		F		V 40
302	451	54.27	Leadbetter	Christina	Rickyrunningsisters		F		V 50
303	719	54.29	Kitt	Graham	Dunstable Road Runners	M			V 45
304	139	54.33	Williams	Victoria	Unattached		F		
305	470	54.34	Maples	Marion	Bearbrook Joggers		F		V 50
306	701	54.34	Malinauskaite	Jureita	Unattached		F		
307	324	54.34	Martin	Glenn	Unattached	M			
308	400	54.35	Ayers	Lisa	Unattached		F		
309	175	54.35	Cornlius	Andrew	Unattached	M			V 55
310	458	54.39	Nichols	Susie	Unattached		F		
311	138	54.41	Elderfield	Sam	Unattached		F		V 40
312	624	54.42	Grant	Iain	Unattached	M			
313	442	54.44	Driscoll	Sheila	Unattached		F		V 45
314	345	54.46	Goodall	Sue	Rickyrunningsisters		F		V 40
315	151	54.48	Sherriff	Catherine	Unattached		F		
316	792	54.50	Johnston	Laura	Amphill And Flitwick Flyers		F		V 40
317	496	54.52	Bianca	Francis	Unattached	M			V 55
318	129	54.55	Bonner	Geoff	Unattached	M			V 40
319	317	55.02	Cottam	Chris	Bedford Harriers	M			V 55
320	636	55.03	Horne	Graham	Unattached	M			V 50
321	750	55.10	Hall	Doug	Fairlands Valley Spartans	M			V 50
322	476	55.12	Garnham	Clare	Unattached		F		
323	813	55.12	Spavin	Chris	Zsl	M			
324	615	55.15	Bedford	Paul	Unattached	M			V 40
325	285	55.16	Strickfuss	Sophie	Unattached		F		
326	510	55.18	Warriner	Roddy	Unattached	M			V 50
327	758	55.20	Peters	Jeff	Watford Joggers	M			V 40
328	244	55.21	Cassidy	Nicola	Unattached		F		V 35
329	415	55.21	Howell	Olenka	Mk Lakeside Runners		F		
330	572	55.22	Day	Michael	Unattached	M			
331	600	55.22	Loch	Tara	Unattached		F		
332	339	55.22	Archard	Joanne	Unattached		F		
333	66	55.24	Thomasson	Gary	Unattached	M			
334	480	55.27	Williams	Amie	Unattached		F		
335	765	55.27	Read	Monica	Fairlands Valley Spartans		F		V 40
336	683	55.32	Jewitt	Libby	Unattached		F		
337	534	55.39	Maskery	Chris	Unattached	M			
338	561	55.41	Pratt	Simon	Unattached	M			V 40
339	752	55.46	Nelson	Ian	Unattached	M			
340	505	55.53	Armstrong	Jacqueline	Watford Joggers		F		V 45
341	355	55.56	West	John	Mk Lakeside Runners	M			V 55
342	549	55.56	Hobson	Leroy	Unattached	M			V 40
343	272	55.57	West	Andy	Dunstable Road Runners	M			V 45
344	182	55.57	Willson	Vicky	Purple Patch Runners		F		V 35
345	571	56.02	Coe	Rebecca	Unattached		F		
346	330	56.03	Williams	Mathew	Unattached	M			
347	644	56.10	Edwards	Angela	Watford Joggers		F		V 45
348	537	56.12	Forsyth	Lisa	Unattached		F		V 35
349	808	56.14	Barnicoat	Anne	Bedford Harriers		F		V 50
350	504	56.14	Huertas	Pilar	Watford Joggers		F		V 35

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
351	247	56.14	Weston	Sharon	Bearbrook Joggers		F		V 40
352	337	56.15	Wells	Karen	Fairlands Valley Spartans		F		V 45
353	250	56.19	Robinson	Amanda	Unattached		F		V 40
354	577	56.22	Sandy	Phil	Unattached	M			
355	711	56.25	Reece	Jane	Stopsley Striders		F		V 35
356	227	56.36	Taylor	Nicola	Unattached		F		
357	252	56.38	Robinson	Vicky	Unattached		F		
358	690	56.39	Dibley	Lee	Unattached	M			
359	691	56.43	Dibley	Chantel	Unattached		F		
360	764	56.43	Elsden	Nicola	Unattached		F		
361	243	56.52	Hudson	Catherine	Unattached		F		
362	367	56.54	Connelly	Francesca	Unattached		F		
363	318	56.56	Da Costa	Adrienne	Unattached		F		
364	220	56.57	Parpworth	Joanne	Unattached		F		
365	659	57.02	Sparrow	Emily	Alchester Running Club		F		
366	174	57.05	Cox	Debbie	Mk Lakeside Runners		F		V 45
367	687	57.08	Meenan	Ken	Uknetrunner	M			V 40
368	666	57.16	Burrows	Anita	Harpenden Aro Runners		F		V 35
369	173	57.21	Yearley	Paul	Unattached	M			V 50
370	146	57.26	Douglas	Leanne	Unattached		F		
371	295	57.26	Platt	Rebecca	Fairlands Valley Spartans		F		V 35
372	201	57.30	Coleman	Anne	Dunstable Road Runners		F		V 45
373	696	57.31	Ferguson	Rod	Unattached	M			V 55
374	556	57.31	Yam	Deborah	David Lloyd Pacers		F		V 40
375	526	57.31	Edwards	Daniel	Unattached	M			
376	662	57.33	Harris	Lianne	Unattached		F		V 40
377	341	57.35	Browne	Laura	Unattached		F		
378	343	57.35	Headington	Sue	Unattached		F		V 35
379	342	57.35	Browne	Gordon	Unattached	M			
380	564	57.44	Lawrence	Martin	Shenley Striders	M			V 50
381	674	57.51	Clements	Marian	Unattached		F		V 50
382	308	57.51	Greene	Katy	Unattached		F		
383	258	58.13	Rowland	Shaun	Unattached	M			V 40
384	153	58.19	Allonby	Sarah	Unattached		F		V 35
385	361	58.23	Leach	Nikki	Unattached		F		
386	366	58.23	Crane	Nick	Unattached	M			
387	223	58.26	Timms	Liz	Unattached		F		V 45
388	274	58.26	Greening	Matt	Unattached	M			
389	507	58.33	Worswick	Ruth	Unattached		F		V 35
390	756	58.35	Mceneaney	Mary	Unattached		F		
391	502	58.37	Jenner	Vincent	Unattached	M			V 45
392	403	58.45	Crowther	Susannah	Unattached		F		V 40
393	171	58.49	Grassby	Terri	Stopsley Striders		F		
394	273	58.50	Greening	Helen	Unattached		F		V 35
395	417	58.53	Dooley	Joanne	Unattached		F		
396	529	58.55	Mosby	Judith	Unattached		F		
397	135	58.56	Frostick	James	Unattached	M			
398	229	59.02	Rutt	Dave	Unattached	M			V 40
399	582	59.04	Humphreys	John	Unattached	M			V 45
400	296	59.16	Macallister	Rachel	Unattached		F		

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
401	240	59.22	Hammond	Sharon	Vegetarian Cycling And Athletic C		F		V 40
402	286	59.27	Strickfuss	Martin	Unattached	M			
403	508	59.32	Meeks	Jacqueline	Watford Joggers		F		V 40
404	301	59.43	Jones	Rachel	Unattached		F		V 35
405	300	59.43	Redmond	Chris	Unattached	M			V 55
406	314	59.48	Sharman	Gillian	Unattached		F		V 40
407	359	59.48	Cottingham	Michelle	Unattached		F		V 35
408	474	59.48	Wawrzyniak	Maria	Unattached		F		V 40
409	595	59.49	Olatunde	Rita	Milton Keynes AC		F		V 40
410	289	59.55	De'Ath	Mandy	Unattached		F		V 40
411	425	59.56	Cope	Christine	Unattached		F		
412	541	59.57	Dennis	Debbie	Fairlands Valley Spartans		F		
413	494	59.57	Cohen	Ron	Fairlands Valley Spartans	M			V 55
414	251	59.58	Taylor	Sarah	Unattached		F		
415	532	59.58	Howlett	Emily	Unattached		F		
416	238	59.59	Deacon	Sarah	Unattached		F		
417	535	60.10	Perry	Kim	Unattached		F		V 35
418	536	60.13	Perry	Desmond	Unattached	M			
419	466	60.19	Kirk	Richard	Unattached	M			
420	455	60.19	Plunkett	David	Unattached	M			V 40
421	456	60.22	Neale-may	Simon	Unattached	M			
422	387	60.22	Fanshawe	Angela	Unattached		F		
423	386	60.23	Costalas	Elizabeth	Unattached		F		V 50
424	119	60.23	Merrie	Summer	Unattached		F		
425	219	60.23	King	Eleanor	Unattached		F		V 50
426	461	60.36	Spencer	Rebecca	Unattached		F		V 40
427	136	60.40	Baker	Heidi	Unattached		F		V 35
428	145	60.42	Rees	Vicky	Unattached		F		
429	131	60.43	Gill	Philippa	Unattached		F		
430	319	60.43	Da Costa	Sarah	Unattached		F		
431	320	60.43	Froomberg	Amy	Unattached		F		
432	363	60.43	McElligott	Jerry	Unattached	M			V 45
433	553	60.45	Edwards	Fiona	Stopsley Striders		F		V 50
434	187	60.47	New	Michelle	Fairlands Valley Spartans		F		V 35
435	194	60.49	Norman	Carmen	Unattached		F		V 35
436	489	60.49	Estick	Claire	Unattached		F		V 35
437	427	60.51	Burr	Joanna	Unattached		F		V 35
438	155	60.56	Davey	Sue	Unattached		F		V 40
439	809	60.59	Todd	Yvette	Mk Lakeside Runners		F		V 45
440	826	60.59	Cooper	David	Mk Lakeside Runners	M			V 55
441	234	61.03	Tebb	Peter	Bushfield Joggers	M			V 40
442	552	61.05	May	Ken	Unattached	M			V 55
443	431	61.05	Healey	Sue	Mk Lakeside Runners		F		V 45
444	517	61.08	Watson	Jenny	Unattached		F	J	
445	760	61.12	King	Vanessa	Unattached		F		
446	293	61.15	Cope	Emily	Unattached		F		
447	167	61.17	Knight	Wendy	Unattached		F		V 45
448	632	61.23	Knott	Susan	Unattached		F		V 40
449	404	61.23	Smedley	Dionne	Leighton Fun Runners		F		
450	499	61.32	Baker	Natasha	Unattached		F	J	

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
451	353	61.35	Walker	Hope	Unattached		F		
452	352	61.35	Walker	Erin	Serpentine Running Club		F		
453	354	61.35	Walker	Jamie	Unattached	M			
454	802	61.40	Magudia	Sangita	Unattached		F		V 40
455	548	61.49	Edmiston	Louise	Unattached		F		V 40
456	503	61.56	Jenner	Michelle	Unattached		F		V 40
457	391	61.59	Lee	Amanda	Watford Running Sisters		F		V 45
458	307	62.29	Reeman	Kirsty	Unattached		F		
459	306	62.29	Palmer	Karen	Horsham Joggers		F		V 35
460	108	62.43	McGrath	Kate	Unattached		F		
461	340	62.46	Townsend	Joanna	Unattached		F		V 40
462	783	62.50	Parkes	Rebecca	Unattached		F		
463	364	62.53	Dawson-Goudey	Emma	Unattached		F		V 45
464	190	63.01	Cripps	Sharron	Unattached		F		
465	524	63.10	Godfrey	Patricia	Amphill And Flitwick Flyers		F		V 50
466	501	63.19	Robinson	Diana	Leighton Fun Runners		F		V 50
467	767	63.30	Chamberlin	Katherine	Unattached		F		V 40
468	284	63.30	How	Sarah	Unattached		F		
469	133	63.33	Pitter	Stacey	Unattached		F		
470	283	63.35	Beck	Suzanne	Unattached		F		
471	370	63.38	George	Valerie	Unattached		F		V 50
472	518	63.41	Watson	Gillian	Unattached		F		V 50
473	350	63.53	Bailey	William	Unattached	M			V 55
474	161	64.00	Connery	Angela	Unattached		F		V 35
475	163	64.02	Long	Michelle	Fairlands Valley Spartans		F		
476	483	64.07	May	Claire	Unattached		F		
477	316	64.16	Cottam	Jude	Bedford Harriers		F		V 50
478	420	64.22	Crossland	Helen	Leighton Buzzard Athletics Club		F		V 35
479	328	64.24	Parmenter	Jennifer	Havering 90 Joggers		F		
480	487	64.45	Kantorova	Yvona	Unattached		F		
481	488	64.45	Kantor	Petr	Unattached	M			
482	557	65.07	Hewitt	Sharan	Unattached		F		V 40
483	448	65.07	Giles	Jackie	Unattached		F		V 45
484	605	65.18	Constantine	Caroline	Unattached		F		V 35
485	630	65.18	Wallis	Jill	Unattached		F		V 35
486	506	65.36	Rowley	Trudy	Unattached		F		V 45
487	422	65.44	Von Arx	Valerie	Amphill And Flitwick Flyers		F		V 50
488	761	66.03	Blount	Sukeallia	Unattached		F		
489	723	66.06	Kaye	Pauline	Unattached		F		V 45
490	298	66.18	Sardine	Marsha	Unattached		F		
491	299	66.18	Darby	Hugh	Unattached	M			
492	497	66.25	Gubanits	Pamela	Unattached		F		V 35
493	109	66.31	Bright	Lisa	Unattached		F		V 35
494	688	66.45	Preston	Gayle	Unattached		F		V 35
495	385	66.51	Duncan	Fiona	Unattached		F		V 35
496	390	66.56	Murphy	Tracy	Unattached		F		V 35
497	325	67.08	Grist	Samantha	Biggleswade AC		F		V 35
498	221	67.14	Green	Victoria	Unattached		F		
499	406	67.23	Thomson	Chinot	Unattached		F		V 40
500	276	67.32	Hennessy	Toni	Unattached		F		

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Pos	No.	Time	Surname	Forename	Club	Male	Female	Jnrs	Vets
501	635	67.34	Taggart	Mark	Unattached	M			
502	423	67.44	Cain	Michelle	Unattached		F		V 45
503	424	67.44	Jordan	Lenny	Unattached	M			V 45
504	134	68.00	Rhys-Jones	Claire	Unattached		F		V 50
505	584	68.07	Higgins	Claire	Unattached		F		
506	583	68.07	Curtin	David	Unattached	M			
507	828	68.12	Eddington	John	Unattached	M			V 40
508	539	68.14	Ling	Tim	Unattached	M			V 40
509	484	68.48	Trevain	Helen	Unattached		F		V 35
510	597	69.08	Rybczyk	Renata	Unattached		F		
511	414	69.21	Kerr	Martin	Leighton Fun Runners	M			V 55
512	559	70.01	Ratcliff	Stephanie	Unattached		F		
513	558	70.01	Kippax	Annie	Unattached		F		V 35
514	520	70.27	Kelly	Caroline	Unattached		F		V 35
515	101	70.58	Carroll	Annika	Unattached		F		V 40
516	777	72.28	Spindler	Gary	Unattached	M			V 50
517	694	72.30	Cook	Alan	Unattached	M			
518	795	72.58	Cook	Jane	Amphill And Flitwick Flyers		F		V 50
519	612	73.49	Orr	Jacky	Trail Runners Association		F		
520	408	73.51	Felsing	Nicolas	Unattached	M			V 45
521	622	74.18	Parkins	Naomi	Unattached		F		
522	623	74.18	Rowe	Cynthia	Unattached		F		V 45
523	362	74.24	Metselaar	Katie	Unattached		F		
524	100	74.38	Shearing	Theresa	Unattached		F		V 45
525	544	74.43	Doyle	Katrina	Fairlands Valley Spartans		F		V 35
526	106	74.43	Potter	Lisa	Fairlands Valley Spartans		F		V 35
527	271	74.43	West	Helena	Dunstable Road Runners		F		V 40
528	114	75.01	Calori	Nicky	Unattached		F		V 35
529	117	76.41	Blann	Jade	Unattached		F		
530	126	76.59	Hilton	Julia	Unattached		F		V 35
531	181	77.15	Blackburn	Debbie	Fairlands Valley Spartans		F		V 35
532	492	78.01	Matthews	Lois	Unattached		F		V 45
533	198	78.17	Shipway	Lisa	Unattached		F		
534	113	79.17	Davis	Victoria	Unattached		F		
535	197	85.19	Pedder	Jenifer	Amphill And Flitwick Flyers		F		V 40
536	514	85.19	Lydon	Lydon	Amphill And Flitwick Flyers	M			V 55